



Artichoke Cafe  
424 Central SE Corner of Central and  
Edith  
Albuquerque, NM, 87102

### Salads

<b>Arugula Salad</b>	<b>\$8</b>
Arugula, Baby Spinach, Romaine Lettuce with Lemon Wedge, Olive Oil & Sea Salt	
<b>Baby Spinach Salad</b>	<b>\$9</b>
Baby Spinach Salad with Sliced Mushrooms, Red Onion, Chopped Hard-Boiled Egg, Walden Farms Honey Dijon Dressing	
<b>Caesar Salad</b>	<b>\$7</b>
Caesar Salad-Romaine Lettuce with Walden Farms Caesar Dressing	

### Entrees

<b>Chicken Breast</b>	<b>\$12</b>
Grilled 5 oz Organic Chicken Breast over Baby Spinach Salad with Honey Dijon Dressing	
<b>Caesar Salad with Chicken Breast</b>	<b>\$12</b>
Walden Farms Caesar Salad with Grilled 5 oz. Chicken Breast	
<b>Fish of the Day or Salmon</b>	<b>\$0</b>
Grilled 7 oz. Fish of the Day or Salmon with Bok Choy, Zucchini & Asparagus	

### Dessert

<b>Chocolate Pudding</b>	<b>\$6</b>
Ideal Protein Chocolate Pudding	
<b>Lemon Sorbet</b>	<b>\$6</b>
Sugar-Free Lemon Sorbet	